

Criterium VI Br&Br : Session: 94: COACH evaluation sheet for TEAM: SCWR

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: ANSLOT Laurent

Coaches: Lejeune Melanie HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 200M BREASTSTROKE MEN 11+ Heat:1, starttime: 14:04

Heat: 1/6 Lane : 1 Athlete: VAN SINTEJAN BASTIEN Q-time: 99:99:99

PB (25m pool): no time PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 2: 200M BREASTSTROKE MEN 11+ Heat:3, starttime: 14:14

Heat: 3/6 Lane : 1 Athlete: AERTS MADS Q-time: 99:99:99

PB (25m pool): 03:25.52 Braine l'Alleud 31/03/2024 PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:25.52
	no time							
								

Coach feedback:

Event number: 2: 200M BREASTSTROKE MEN 11+ Heat:6, starttime: 14:28

Heat: 6/6 Lane : 1 Athlete: BUTTARELLI PAOLO Q-time: 03:26:85

PB (25m pool): no time PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Criterium VIBr&Br : Session: 94: COACH evaluation sheet for TEAM: SCWR

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 14:42	
Heat: 3/7 Lane : 1 Athlete: PINNOCK ANNA							Q-time: 03:24:86	
PB (25m pool): 03:24.86 Leuven. 23/02/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.46		no time		no time		03:24.86
	00:48.46							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 14:46	
Heat: 4/7 Lane : 2 Athlete: ANSLOT MÉLINE							Q-time: 03:18:34	
PB (25m pool): 03:18.34 Leuven 12/10/2025				PB (50m pool): 03:20.93SB: 03:18.34 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.06		01:35.36		02:34.56		03:18.34
	00:48.06		00:47.30		00:59.20		00:43.78	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 14:50	
Heat: 5/7 Lane : 1 Athlete: VAN SINTEJAN MANON							Q-time: 03:04:03	
PB (25m pool): 03:04.03 Leuven. 23/02/2025				PB (50m pool): 03:24.86 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.33		no time		no time		03:04.03
	00:42.33							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 14:53	
Heat: 6/7 Lane : 3 Athlete: TOUQUET ELINE							Q-time: 02:56:52	
PB (25m pool): 02:55.04 4053 - Embourg 19/05/2024				PB (50m pool): 02:56.52 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:55.04
	no time							
								

Coach feedback:

Criterium VIBr&Br : Session: 94: COACH evaluation sheet for TEAM: SCWR

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 15:01
Heat: 1/5 Lane : 2 Athlete: AOUATTAH YOUNES					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 15:01
Heat: 1/5 Lane : 3 Athlete: ANTUNES ALICIA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:03
Heat: 2/5 Lane : 1 Athlete: STALMANS HUGO					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:03
Heat: 2/5 Lane : 3 Athlete: BEUSELINCK LOUIS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Criterium VIBr&Br : Session: 94: COACH evaluation sheet for TEAM: SCWR

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:4, starttime: 15:07
Heat: 4/5 Lane : 1 Athlete: GOLKIN ELéONORE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:5, starttime: 15:09
Heat: 5/5 Lane : 1 Athlete: CARPENTIER S ALIOTH					Q-time: 01:38:30
PB (25m pool): 01:38.33 Mons 26/10/2025					PB (50m pool): 01:38.30 SB: 01:38.33 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.86		01:38.33	
	00:44.86		00:53.47		
					

Coach feedback:

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:5, starttime: 15:09
Heat: 5/5 Lane : 2 Athlete: OLIVEIRA NUNEZ NOAH DAVID					Q-time: 01:23:49
PB (25m pool): 01:24.57 Mons 26/10/2025					PB (50m pool): 01:23.49 SB: 01:24.57 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.75		01:24.57	
	00:40.75		00:43.82		
					

Coach feedback:

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:5, starttime: 15:09
Heat: 5/5 Lane : 3 Athlete: WAUTERS NATHAN					Q-time: 01:32:16
PB (25m pool): 01:32.16 Mons 26/10/2025					PB (50m pool): no time SB: 01:32.16 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.75		01:32.16	
	00:43.75		00:48.41		
					

Coach feedback:

Criterium VI
 Br&Br : Session: 94: COACH evaluation sheet for TEAM: SCWR

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 15:12
Heat: 1/10 Lane : 2 Athlete: BENALIOUA ILYES			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 15:12
Heat: 1/10 Lane : 3 Athlete: GHIO AMAURY			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 15:18
Heat: 4/10 Lane : 4 Athlete: AOUATTAH WALID			Q-time: 99:99:99
PB (25m pool): 00:41.37 Zwembad De Wauwer 07/01/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:41.37	
	00:41.37		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:9, starttime: 15:27
Heat: 9/10 Lane : 2 Athlete: GRELLIER OSCAR			Q-time: 00:39:84
PB (25m pool): 00:39.84 Mons 26/10/2025			PB (50m pool): no time SB: 00:39.84 Mons 26/10/2025
	2 5 M	5 0 M	
PB		00:39.84	
	00:39.84		
			

Coach feedback:

Criterium VI
 Br&Br : Session: 94: COACH evaluation sheet for TEAM: SCWR

Event number: 8: 100M FREESTYLE MEN 11+					Heat:5, starttime: 16:06
Heat: 5/11 Lane : 2 Athlete: VAN SINTEJAN BASTIEN					Q-time: 01:29:46
PB (25m pool): 01:31.85 Mons 26/10/2025					PB (50m pool): 01:29.46 SB: 01:31.85 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.25		01:31.85	
	00:43.25		00:48.60		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:6, starttime: 16:08
Heat: 6/11 Lane : 2 Athlete: GHIO AMAURY					Q-time: 01:27:11
PB (25m pool): 01:29.64 Vilvoorde 05/10/2025					PB (50m pool): 01:27.11 SB: 01:29.64 Vilvoorde 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.53		01:29.64	
	00:40.53		00:49.11		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:8, starttime: 16:12
Heat: 8/11 Lane : 3 Athlete: ANSLOT SACHA					Q-time: 01:14:22
PB (25m pool): 01:14.22 Temse 17/11/2025					PB (50m pool): 01:18.01 SB: 01:14.22 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.67		01:14.22	
	00:35.67		00:38.55		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:9, starttime: 16:13
Heat: 9/11 Lane : 3 Athlete: AERTS LENN					Q-time: 01:12:01
PB (25m pool): 01:12.01 Temse 17/11/2025					PB (50m pool): 01:13.88 SB: 01:12.01 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.17		01:12.01	
	00:35.17		00:36.84		
					

Coach feedback:

Criterium VI
 Br&Br : Session: 94: COACH evaluation sheet for TEAM: SCWR

Event number: 8: 100M FREESTYLE MEN 11+					Heat:11, starttime: 16:17
Heat: 11/11 Lane : 1 Athlete: AERTS MADS					Q-time: 01:05:69
PB (25m pool): 01:05.69 Mons 26/10/2025					PB (50m pool): 01:08.03 SB: 01:05.69 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.59		01:05.69	
	00:31.59		00:34.10		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:11, starttime: 16:17
Heat: 11/11 Lane : 4 Athlete: AOUATTAH WALID					Q-time: 01:08:36
PB (25m pool): 01:08.36 Braine l'Alleud 20/04/2025					PB (50m pool): 01:11.07 SB: 01:09.07 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.96		01:08.36	
	00:32.96		00:35.40		
					

Coach feedback:

Event number: 9: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 16:26
Heat: 4/7 Lane : 1 Athlete: ANSLOT MéLINE					Q-time: 01:21:71
PB (25m pool): 01:21.71 Vilvoorde 05/10/2025					PB (50m pool): 01:23.06 SB: 01:21.71 Vilvoorde 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.33		01:21.71	
	00:38.33		00:43.38		
					

Coach feedback:

Event number: 9: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 16:31
Heat: 7/7 Lane : 1 Athlete: TOUQUET ELINE					Q-time: 01:08:90
PB (25m pool): 01:07.53 Mons 27/10/2024					PB (50m pool): 01:09.47 SB: 01:09.58 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.89		01:07.53	
	00:32.89		00:34.64		
					

Coach feedback:

Criterium VI
 Br&Br : Session: 94: COACH evaluation sheet for TEAM: SCWR

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 16:36
Heat: 2/5 Lane : 1 Athlete: GOLKIN ELéONORE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:3, starttime: 16:39
Heat: 3/5 Lane : 3 Athlete: BEUSELINCK LOUIS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:3, starttime: 16:39
Heat: 3/5 Lane : 4 Athlete: AOUATTAH YOUNES					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 16:42
Heat: 4/5 Lane : 2 Athlete: CARPENTIER S ALIOTH					Q-time: 01:49:92
PB (25m pool): 01:49.92 Vilvoorde 05/10/2025					PB (50m pool): 01:50.10 SB: 01:49.92 Vilvoorde 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.19		01:49.92	
	00:52.19 00:57.73				
					

Coach feedback:

Criterium VI
 Br&Br : Session: 94: COACH evaluation sheet for TEAM: SCWR

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 16:42
Heat: 4/5 Lane : 3 Athlete: STALMANS HUGO					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 16:42
Heat: 4/5 Lane : 4 Athlete: ANTUNES ALICIA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:5, starttime: 16:44
Heat: 5/5 Lane : 2 Athlete: OLIVEIRA NUNEZ NOAH DAVID					Q-time: 01:36:96
PB (25m pool): 01:38.78 Mons 26/10/2025					PB (50m pool): 01:36.96 SB: 01:38.78 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.14		01:38.78	
	00:49.14 00:49.64				
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:5, starttime: 16:44
Heat: 5/5 Lane : 3 Athlete: WAUTERS NATHAN					Q-time: 01:40:86
PB (25m pool): 01:41.90 Mons 26/10/2025					PB (50m pool): 01:40.86 SB: 01:41.90 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.03		01:41.90	
	00:50.03 00:51.87				
					

Coach feedback:

Criterium VI
 Br&Br : Session: 94: COACH evaluation sheet for TEAM: SCWR

Event number: 13: 200M MEDLEY MEN 11+							Heat:3, starttime: 17:16	
Heat: 3/6 Lane : 1 Athlete: BUTTARELLI PAOLO							Q-time: 03:16:21	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11+							Heat:3, starttime: 17:16	
Heat: 3/6 Lane : 2 Athlete: BENALIOUA ILYES							Q-time: 03:12:81	
PB (25m pool): 03:12.81 Leuven 12/10/2025			PB (50m pool): 03:13.84 SB: 03:12.81 Leuven 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.76		01:31.67		02:31.46		03:12.81
	00:41.76		00:49.91			00:59.79		00:41.35
								

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11+							Heat:4, starttime: 17:20	
Heat: 4/6 Lane : 1 Athlete: ANSLOT SACHA							Q-time: 03:04:95	
PB (25m pool): 03:04.95 Leuven. 23/02/2025			PB (50m pool): 03:16.71 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.11		no time		no time		03:04.95
	00:44.11							
								

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11+							Heat:5, starttime: 17:23	
Heat: 5/6 Lane : 3 Athlete: AERTS LENN							Q-time: 02:55:68	
PB (25m pool): 02:55.68 Leuven. 23/02/2025			PB (50m pool): 02:57.91 SB: 03:03.39			Kapelle-op-den-Bos 21/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.45		no time		no time		02:55.68
	00:38.45							
								

Coach feedback:

Criterium VIBr&Br : Session: 94: COACH evaluation sheet for TEAM: SCWR

Event number: 13: 200M MEDLEY MEN 11+							Heat:5, starttime: 17:23	
Heat: 5/6 Lane : 4 Athlete: GRELLIER OSCAR							Q-time: 03:01:25	
PB (25m pool): 03:07.85 Braine l'Alleud 20/04/2025				PB (50m pool): 03:01.25 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.48		01:32.42		02:27.31		03:07.85
	00:44.48		00:47.94		00:54.89		00:40.54	
								

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11+							Heat:6, starttime: 17:27	
Heat: 6/6 Lane : 3 Athlete: AOUATTAH WALID							Q-time: 02:51:75	
PB (25m pool): 02:51.75 Dilbeek 28/09/2025				PB (50m pool): no time SB: 02:51.75 Dilbeek 28/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.36		no time		no time		02:51.75
	00:38.36							
								

Coach feedback:

Event number: 14: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 17:50	
Heat: 5/5 Lane : 2 Athlete: VAN SINTEJAN MANON							Q-time: 03:08:39	
PB (25m pool): 03:08.39 Dilbeek 11/05/2025				PB (50m pool): 03:17.67 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.86		01:30.57		no time		03:08.39
	00:42.86		00:47.71					
								

Coach feedback:

Event number: 14: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 17:50	
Heat: 5/5 Lane : 4 Athlete: PINNOCK ANNA							Q-time: 03:40:71	
PB (25m pool): 03:40.71 Braine l'Alleud 20/04/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.49		01:45.52		02:43.47		03:40.71
	00:49.49		00:56.03		00:57.95		00:57.24	
								

Coach feedback: